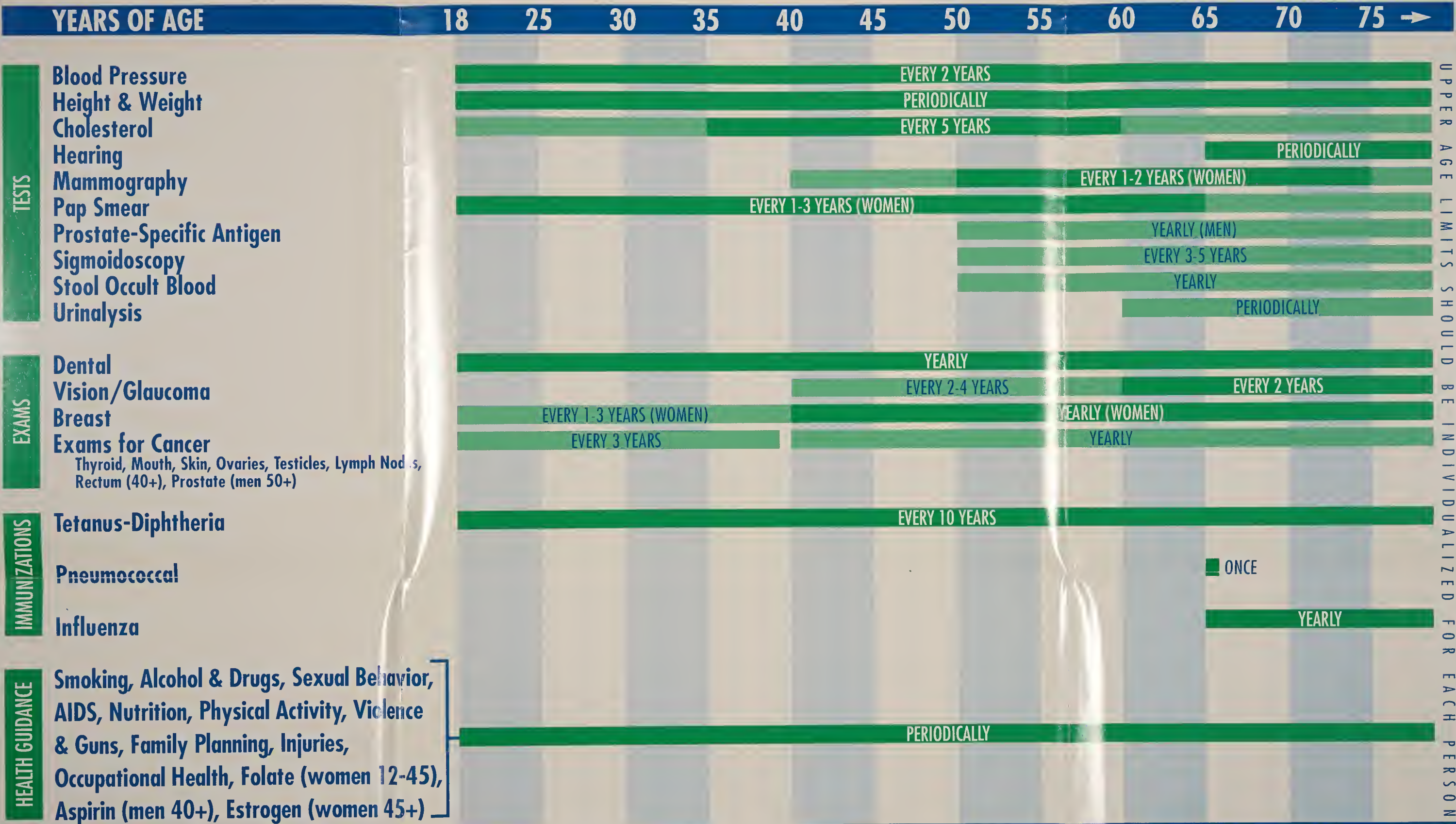


Adult Preventive Care Timeline

Check-up visits with your doctor or other health care provider are important for your health. Most authorities recommend these visits every 1-3 years until age 65 and yearly thereafter. Talk with your doctor or other health care provider about the proper schedule of check-up visits for you. This chart shows the different types of preventive care you may need at each age.



Key:

- Recommended by all major authorities.
- Recommended by some major authorities.

RISK FACTOR

- Diabetes Eye, foot exams, urine test
- Drug abuse AIDS, TB tests, hepatitis immunization
- Alcoholism Influenza, pneumococcal immunizations, TB test
- Overweight Blood sugar test
- Homeless, recent refugee or immigrant TB test
- High-risk sexual behavior AIDS, syphilis, gonorrhea, chlamydia tests

PREVENTIVE SERVICE(S) NEEDED

Please Note: Recommended intervals for each type of preventive care may vary among authorities. Individuals with special risk factors may need more frequent and additional types of preventive care. Some examples:

